

Where can you find us?

We are here to support you in everything related to HIV, your wellbeing, and your quality of life.

Don't hesitate to contact us if you need any help or information - **we are here for you!**

Pre-arranged attention:

C/ Gandía 1, local 9A (coworking Freeland)

Nearest metro stations:

Pacífico (L1& L6) y Puente de Vallecas (L1)

Contact for information:

Tel. (+34) 683 28 03 12

e-mail: madrid@gtt-vih.org

Contact for legal assistance:

Tel. (+34) 659 11 02 07

e-mail: legal@gtt-vih.org

Follow us on our social media:



@gTtVIH



[gtt.vih](https://www.facebook.com/gtt.vih)

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trabajo sobre
tratamientos del VIH
ENTIDAD DECLARADA DE
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ONG DE DESARROLLO

www.gtt-vih.org

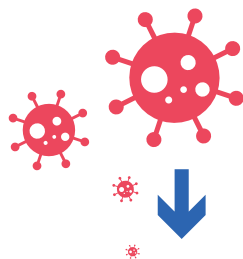
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Undetectable = Untransmittable



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What should you know?

- If a person has HIV and takes their treatment properly, the amount of virus in their body is greatly reduced.
- When the amount of virus decreases so much that it cannot be detected, that person is said to be **undetectable**.
- Being undetectable means that the virus cannot be transmitted to other people.
- Treatment works as long as it is taken properly.
- Medical check-ups are important to determine whether a person remains undetectable and, therefore, cannot transmit the virus.

If you have HIV and take your treatment properly, you protect your health and that of the people with whom you have unprotected sex.

If you have HIV...



- Take your treatment without fail.



- Go to your health centre for regular tests and to monitor the infection.



- Never stop taking your treatment without first consulting your healthcare professional.



- Always use condoms to prevent other infections.