

# Where can you find us?

We are here to support you in everything related to HIV, your wellbeing, and your quality of life.

Don't hesitate to contact us if you need any help or information - **we are here for you!**

## Pre-arranged attention:

C/ Gandía 1, local 9A (coworking Freeland)

Nearest metro stations:

Pacífico (L1& L6) y Puente de Vallecas (L1)

Contact for information:

Tel. (+34) 683 28 03 12

e-mail: madrid@gtt-vih.org

Contact for legal assistance:

Tel. (+34) 659 11 02 07

e-mail: legal@gtt-vih.org

## Follow us on our social media:

 @gTtVIH  
@infodrogasvih

 gtt.vih  
 gtt\_vih

Project:  
VIH e interculturalidad. 2025

Subvencionado por la Dirección  
General de Salud Pública  
de la Comunidad de Madrid  
(Orden 690/2025, de 22 de abril de 2025,  
de la Consejería de Sanidad).



 **gt** grupo de  
trabajo sobre  
tratamientos del VIH  
ENTIDAD DECLARADA DE  
UTILIDAD PÚBLICA  
ONG DE DESARROLLO

[www.gtt-vih.org](http://www.gtt-vih.org)

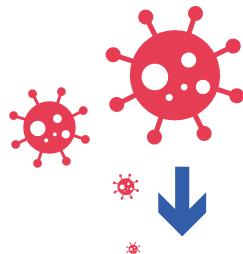
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# 15 Undetectable = Untransmittable



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# Undetectable = Untransmittable



## What should you know?

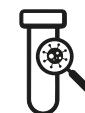
- If a person has HIV and takes their treatment properly, the amount of virus in their body is greatly reduced.
- When the amount of virus decreases so much that it cannot be detected, that person is said to be **undetectable**.
- Being undetectable means that the virus cannot be transmitted to other people.
- Treatment works as long as it is taken properly.
- Medical check-ups are important to determine whether a person remains undetectable and, therefore, cannot transmit the virus.

If you have HIV and take your treatment properly, you protect your health and that of the people with whom you have unprotected sex.

## If you have HIV...



- Take your treatment without fail.



- Go to your health centre for regular tests and to monitor the infection.



- Never stop taking your treatment without first consulting your healthcare professional.



- Always use condoms to prevent other infections.