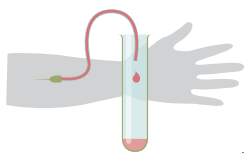


UNDETECTABLE VIRAL LOAD

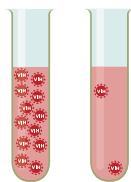


The goal of HIV treatment is to keep the viral load “undetectable”, but what does this mean and why is it so important?



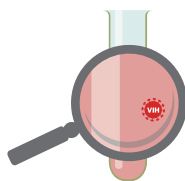
01

The viral load test tells you the amount of HIV in a drop of blood.



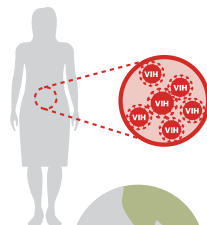
02

The test results give you a good indication of whether the amount of HIV is high or low.



03

However, tests cannot measure very small amounts of HIV. When you have very little virus, your viral load is said to be “undetectable”. This means that, in a blood sample, there is so little HIV that the test could not find anything.



04

It does not mean that HIV has disappeared completely. It can still be present in other parts of your body such as the intestine. The viral load test indicates how much HIV is in a drop of blood.



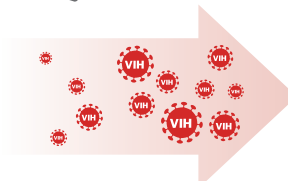
05

The purpose of HIV treatment is to attain an undetectable viral load. This means that HIV is under control, which will help you to keep in good health.



06

An undetectable viral load completely eliminates the risk of HIV transmission.



High viral load = high risk

Undetectable viral load = zero risk

07

IMPORTANT

- If your viral load is undetectable, it means there is only a small amount of HIV in the blood. This means that HIV is under control.
- An undetectable viral load means that the HIV treatment is working and that there is no risk of HIV transmission.

08

IN ADDITION

Why is it important to have an undetectable viral load?

If there is a very small amount of HIV in your body, it cannot attack and weaken your immune system, which is our body's natural defence system.

If your immune system is strong, you are less likely to suffer from diseases or infections.

An undetectable viral load completely eliminates the risk of HIV transmission.

gt grupo de trabajo sobre tratamientos del VIH
ENTIDAD DECLARADA DE UTILIDAD PÚBLICA
ONG DE DESARROLLO

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