

Trichomoniasis is a sexually transmitted infection (STI) caused by a parasite called *Trichomonas vaginalis*.

TRICHOMONIASIS



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TRANSMISSION

It can be contracted by having sex without a condom with an infected person.

In women, the most frequently affected areas of the body are the vulva, vagina or the urethra; and in men, the urethra. It is uncommon for the parasite to infect other parts of the body such as hands, mouth or anus.



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SYMPTOMS

50% of women and 80% of men infected with trichomonas display no symptoms. When symptoms do appear, they can range from slight irritation to major inflammation. They usually occur 5 to 28 days after unprotected sexual contact with an infected person. Occasionally, this period may be longer.

Symptoms include:



In women

Itching, burning, redness or pain in the genitals, discomfort when urinating, or a discharge that may be clear, white, yellowish or greenish with an unusual smell



In men

Itching or irritation in the penis, burning after urinating or ejaculating, or there may be some discharge



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DIAGNOSIS

A sample of the affected genital area is required to perform diagnosis.



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TREATMENT

The infection is cured with an antibiotic. Treatment does not provide lifetime protection and it is therefore possible to contract the infection again.



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PREVENTION

Use of a condom reduces the risk of infection in vaginal, anal or oral sex. If sex toys are shared, a new condom should be used for each person and each sexual practice. Sex should be avoided until the treatment is complete and the symptoms disappear.

gt grupo de trabajo sobre tratamientos del VIH
ENTIDAD DECLARADA DE UTILIDAD PÚBLICA
ONG DE DESARROLLO

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