

The chances of acquiring or passing on a sexually transmitted infection (STI) can vary depending on different factors such as the type of STI, the type of sexual practice or the use of tools for prevention. Although many STIs are spread in a similar way, some are passed on more often than others in specific circumstances.

STIs AND SEXUAL PRACTICES

The following table will help to give you a better understanding of the chances of acquiring or passing on an STI, depending on sexual practice and assuming that no prevention tool (such as a condom, gloves or the use of an effective antiretroviral treatment to prevent transmission or the acquisition of HIV) has been used. Your STI doctor can explain how to reduce the risk of passing on STIs for each of the sexual practices.

SEXUAL PRACTICE	FREQUENT TRANSMISSION STI spread frequently through this sexual practice	POTENTIAL TRANSMISSION STI that may be spread through this sexual practice in certain circumstances	UNLIKELY TRANSMISSION STI that is not usually spread through this practice, but can be passed on in certain circumstances	NO TRANSMISSION STIs that are not spread through this sexual practice
Deep kiss	HSV-1 (herpes simplex virus 1)		Gonorrhoea Syphilis	HPV (human papillomavirus) Chlamydia Hepatitis B HIV
Cunnilingus (receiving it)	HSV-1 HPV Syphilis		Chlamydia Gonorrhoea Hepatitis B	HIV
Cunnilingus (giving it)	Herpes HPV Syphilis		Chlamydia Gonorrhoea	HIV Hepatitis B
Fellatio (receiving it)	Chlamydia Gonorrhoea	VPV Herpes Syphilis	Hepatitis B	HIV
Fellatio (giving it)	Chlamydia Gonorrhoea HPV	Herpes Syphilis	Hepatitis B HIV	
Anilingus (giving it or receiving it)	Hepatitis A Hepatitis B Herpes	HPV Syphilis	Chlamydia Gonorrhoea Hepatitis C	HIV
Vaginal penetration (insertion and receiving)	Chlamydia Gonorrhoea Hepatitis B	Herpes HIV HPV Syphilis	Hepatitis C	
Anal penetration (insertion and receiving)	Chlamydia Gonorrhoea Hepatitis B	Herpes HIV HPV Syphilis	Hepatitis C	
Sharing sex toys		Chlamydia Gonorrhoea Hepatitis B Hepatitis C	Herpes HIV HPV Syphilis	
Fisting (anal or vaginal penetration with a hand/fist)	Hepatitis B Hepatitis C HIV	Hepatitis A Syphilis Gonorrhoea Chlamydia		
Anal or vaginal penetration with fingers			Syphilis Herpes Hepatitis B	Hepatitis C HPV Gonorrhoea Chlamydia HIV

Source: CATIE (Canadian AIDS Treatment Information Exchange). Safe Sex: Guide. 2016



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SOBRE EL TEMA?
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